The Right To Health

St. John's Well Child & Family Center
Los Angeles, California
Annual Report 2009
our mission

is to eliminate health disparities and foster community well-being by providing and promoting the highest quality care in South Los Angeles.
Dear Friends:

At St. John’s Well Child & Family Center, we believe that everyone has a fundamental human right to health. We have shaped our healthcare scope of practice, our organizing efforts, and our advocacy strategies to incorporate the ‘right to health’ in all aspects of our work.

The South Los Angeles area, which St. John’s serves, is one of the epicenters for the health care crisis in the United States. South Los Angeles has some of the poorest health outcomes and the least access to primary and preventive health care services in the country. For the last two years, the area has suffered, as a majority of the area’s private and public hospitals have closed, including the center of hospital services in South L.A. – Martin Luther King Jr. Hospital. Many of the social, economic and health conditions in South Los Angeles mirror conditions in the Third World.

That is why St. John’s has embarked on an historic campaign to build a South Los Angeles health and human rights movement. We have developed a Social Medicine and Health Equity Department within our medical practice, developed a community-engaged research and education component, and integrated the principles of health equity and quality of care into the core of our medical, dental and mental health services. And we founded and partnered with many community-based organizations, community health centers and academic institutions, to convene the 1st Annual South Los Angeles Health and Human Rights Conference on June 5, 2009. More than 740 people attended. On International Human Rights Day, we released the South Los Angeles Declaration of Health & Human Rights, which was developed by conference attendees and follow-up community meetings that involved hundreds of South Los Angeles residents.

As a result of our internal and external focus on health and human rights, we have seen dramatic health improvements in the patients we are so honored to serve. We look forward to sharing those improvements with you and involving you in our ongoing strategies to guarantee the right to health and wellness for every resident of South Los Angeles and the nation.

Jim Mangia, President & CEO

Jim Mangia, President & CEO

St. John’s
Well Child & Family Center
Of all of the forms of inequality, injustice in health is the most shocking and the most inhumane.

— Rev. Martin Luther King, Jr.
... Poor health care is a weapon of mass destruction. Poor education is a weapon of mass destruction. Discrimination is a weapon of mass destruction. Let us abolish such weapons of mass destruction here at home.

— Congressman Dennis Kucinich
We are the richest country in the world. We spend more on health care than any other country. Yet we have the worst health care in the Western world. Come on. We can do better than this.

— Filmmaker Michael Moore
SOUTH
Los Angeles

St. John’s Well Child & Family Center’s network of community clinics, serving L.A.’s poorest communities.

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More Than Health Disparities:
St. John’s Well Child & Family Center serves some of the poorest communities in the nation, with by far the most dismal health and human rights standards in Los Angeles County. The overwhelming poverty, poor living conditions and lack of access to adequate preventive and primary health care puts the health, social and economic status of the residents of this community on par or below many third world countries.

POVERTY:
- Poverty rate in South Los Angeles is 28.3%.*
- Poverty rate in Jamaica is 18.7%.*
- Poverty rate in Brazil is 21.5%.*

INFANT MORTALITY:
- The infant mortality rate in South Los Angeles* is nearly double that of Cuba.**

RATES OF ASTHMA:
- Over 10% of the children in South Los Angeles suffer from asthma.*
- 5% of children in Zimbabwe suffer from asthma.**

LIFE EXPECTANCY:
- Life expectancy for adult males in South Los Angeles is 68 years old.***
- Life expectancy for adult males in North Korea is 68 years old.**
- Life expectancy for residents of South Los Angeles is nearly 10 years below the United States national average.****

* Los Angeles County Department of Public Health, Key Indicators of Health, June 2009
*** Los Angeles County Department of Public Health, Mortality in Los Angeles County, July, 2006
**** Centers for Disease Control and Prevention, National Center for Health Statistics, May, 2009

Yet despite all this, St. John’s patients are thriving.
This report highlights the success in measurable health outcomes.
ENSURING HEALTHY BIRTHS
A healthy birth is the beginning to a long life of health. Low birthweight is caused by poor prenatal care and lack of nutrition. A premature baby weighing less than 2500 grams (about 5 pounds) is considered low birthweight and often leads to many long-term health care problems.

The Dr. Louis C. Frayser Community Clinic not only provides excellent prenatal care, but also provides new mothers breast feeding support, parenting classes, nutrition counseling, mental health services and social support as a result of a collaborative partnership with the First 5 LA Best Babies/Healthy Births Program. As a result, birth outcomes for St. John’s patients are significantly better than for Los Angeles County.

“Despite the fact that women in South Los Angeles have some of the worst birth outcomes in the country, St. John’s patients overwhelmingly deliver healthy babies, reflecting the comprehensiveness of our prenatal approach and the partnerships we’ve built to ensure healthy births.”
—Jim Mangia, SJWCFC President & CEO

<table>
<thead>
<tr>
<th>LA COUNTY*</th>
<th>SPA 6 (SOUTH LA)*</th>
<th>ST. JOHN’S PATIENTS**</th>
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<tr>
<td>7.4</td>
<td>8.5</td>
<td>6.7</td>
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* Los Angeles County Department of Public Health, Key Indicators of Health, June 2009
** St. John’s patient statistics based on 2008 UDS Report
The RIGHT TO HEALTH

St. John’s Well Child & Family Center,
A LEADER IN ENVIRONMENTAL HEALTH

CLINIC SPOTLIGHT: S. Mark Taper Foundation Chronic Disease & Environmental Health Center

REDUCING CHILDHOOD ASTHMA
More than 18% of housing in South Los Angeles is considered substandard. Overcrowding, peeling lead paint, mold, bedbugs and cockroach infestations are common in these housing units. The S. Mark Taper Foundation Chronic Disease & Environmental Health Center brings all the services needed to address environmental health issues under one roof.

As a result of a collaborative effort with Esperanza Community Housing Corporation and Strategic Actions for a Just Economy, the Healthy Homes/Healthy Kids program, funded by the Everychild Foundation, is producing significant health improvements for children with asthma.

Asthma, the most common childhood disease in California, is a serious problem in South Los Angeles. Cockroaches and poor indoor air quality due to substandard housing are triggers for childhood asthma attacks. Due to the comprehensive interventions of St. John’s and our collaborative partners, pediatric asthma patients have made huge health improvements and miss fewer school days than children in any other part of Los Angeles County.

—Dr. Linda Tigner-Weekes, SJWFC Chief Medical Officer

* Los Angeles County Health Survey, 2007
** St. John’s Well Child and Family Center Air Quality Management District (AQMD) Evaluation, 2009
The Right To Health

St. John’s Well Child & Family Center,

A LEADER IN DIABETES MANAGEMENT

CLINIC SPOTLIGHT: Magnolia Place Community Health Center

COMPREHENSIVE DIABETES TREATMENT

On average, people with Type 2 diabetes die 5–10 years before people without diabetes, mostly due to cardiovascular complications. Reducing blood glucose levels significantly decreases health complications for patients with diabetes. As a result of St. John’s innovative diabetes chronic disease management program, over 700 limbs have been saved through our podiatry program, hundreds of patients have retained their sight through our retinal screening initiative, and thousands of diabetic patients are living healthier, happier, and more productive lives.

“We are helping our patients move! Our patients need more than blood pressure and diabetes medical monitoring; they are learning to eat right, exercise and take charge of a healthy lifestyle.”

— Ana Ruth Varela, SJWFC Community Health Promoter

Frequency of “A1C” Blood Sugar Level Test for Patients with Diabetes

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<td>80.3%</td>
<td>75.0%</td>
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* Los Angeles County Department of Public Health, Key Indicators of Health June 2009
** St. John’s patient statistics based on 2008 UDS Report
Dental care is an important part of good overall health. Providing dental services to children is key to preventing many health problems later in life. St. John’s Well Child & Family Center serviced 7,289 dental patients in 2008, with over 23,602 dental patient visits.

As a result of our innovative Seal-A-Smile Program and other school-based oral health initiatives, thousands of school-aged children received increased access to primary and preventive oral health services at their schools.

"Sealants have proven to decrease tooth decay and have played a valuable role in saving many smiles."
—Dr. Mona Iskandar, SJWCFC Chief Dental Officer
LOWERING ADOLESCENT STD RATES
Lack of primary prevention, health promotion and education interventions for adolescents can result in risky sexual behaviors with serious consequences, including teen pregnancy and sexually transmitted diseases (STDs). The most common STDs, Chlamydia and Gonorrhea, lead to tremendous problems in our female population, with reduced fertility as a major health outcome.

As a result of St. John’s teen pregnancy and STD-prevention health promotion and education program, sexually transmitted disease rates for adolescent patients at our school based health centers have decreased by over 25%.

“For students with parents who hold traditional beliefs about sexuality, visiting a clinic for reproductive health services during school hours is the most effective tool for preventing and treating STDs and reducing teen pregnancy.”

— Dr. Rishi Manchanda, SJWCFC Director of Social Medicine
The First Annual South Los Angeles Health and Human Rights Conference

HEALTH IS A HUMAN RIGHT


St. John’s Well Child & Family Center was a founder, sponsor and one of several conveners of the conference. Other conveners included: Community Health Councils; Esperanza Community Housing Corporation; Los Angeles Community Action Network; Physicians for Social Responsibility, Los Angeles; Strategic Actions for a Just Economy (SAJE); Southside Coalition of Community Health Centers; South Bay Family Health Care; and UMSA Community Clinic. The event was endorsed by over 30 local, national and international organizations. Sponsors of the event included: The California Endowment; LA Best Babies Network; Kaiser Permanente; LA Care Health Plan; California Community Foundation; MedPoint Management; California School Health Centers Association; Center for Community Health Studies, University of Southern California; The California Wellness Foundation; and Polenzani Benefits & Insurance, Inc.

For more information, please visit http://www.southlahealthandhumanrights.org/
HIGHLIGHTS from 2008-2009

Pictured clockwise from right: Mary Odell, President, Unihealth Foundation; Howard Kahn, CEO, LA Care; Jim Mangia, Supervisor Mark Ridley-Thomas, Clinic Manager Sylvia Serrano, Alex Morales, CEO, The Children’s Bureau — at ribbon cutting ceremony for the opening of the Magnolia Clinic, October 2008.

The Everychild Foundation President, Jackie Caster, and Hilary Nelson Jacobs, Grants Screening Board Chair, present $1 million check for the Healthy Homes/Healthy Kids project, to Jim Mangia, September, 2008.

Dr. Kenneth Williams, St. John’s founding medical director, cuts ribbon with Ray Reisler, Executive Director of the S. Mark Taper Foundation; Jim Mangia, and Everychild Foundation President Jackie Caster, May 2009 to celebrate the opening of the S. Mark Taper Foundation Chronic Disease and Environmental Health Center and the Dr. Ken Williams Community Clinic.

Renovation of a historic building at St. John’s Compton clinic campus to provide mental health and case management services; completed December 2009.

Vice President Joe Biden visits St. John’s closest agency partner, Esperanza Community Housing Corporation. Pictured with Nancy Ibrahim, Executive Director. (Photo by Maria Del Rio)

The Man-Up Program, focusing on young men ages 15-19, created to decrease teen pregnancy and sexually transmitted diseases at Lincoln High School in September 2009.

The Everychild Foundation President, Jackie Caster, and Hilary Nelson Jacobs, Grants Screening Board Chair, present $1 million check for the Healthy Homes/Healthy Kids project, to Jim Mangia, September, 2008.

Lynne Gillies pictured with LA City Councilwoman Jan Perry as she was honored for her 30 years of service to St. John’s as a member and Chair of the Board of Directors at her retirement reception on September 22, 2009. (Photo by Gabe Ayala)


The renovation of a historic building at St. John’s Compton clinic campus to provide mental health and case management services; completed December 2009.

Vice President Joe Biden visits St. John’s closest agency partner, Esperanza Community Housing Corporation. Pictured with Nancy Ibrahim, Executive Director. (Photo by Maria Del Rio)

The Man-Up Program, focusing on young men ages 15-19, created to decrease teen pregnancy and sexually transmitted diseases at Lincoln High School in September 2009.

Lynne Gillies pictured with LA City Councilwoman Jan Perry as she was honored for her 30 years of service to St. John’s as a member and Chair of the Board of Directors at her retirement reception on September 22, 2009. (Photo by Gabe Ayala)
**STATEMENT OF ACTIVITIES**  
From 1/1/08 to 12/31/08

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<th>Description</th>
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**STATEMENT OF FINANCIAL POSITION**  
As of 12/31/08

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<td><strong>Total Liabilities &amp; Net Assets</strong></td>
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Audited financial statements are available upon request  
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<td>Tides Community Clinics Initiative – Major Capital Campaign Gifts</td>
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<td>Childhood Lead Poisoning Prevention Program – Service Planning Area (SPA 6)</td>
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</tr>
<tr>
<td>Sally Williams</td>
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<td>Gary Zimble</td>
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LOCATIONS

Corporate Headquarters
St. John’s Well Child & Family Center
5701 S. Hoover Street – 2nd floor
Los Angeles, CA 90037
(323) 541-1600

Community Health Centers
St. John’s Well Child & Family Center
Dr. Louis C. Frayser Clinic
5701 South Hoover Street
Los Angeles, CA 90037
(323) 541-1400

St. John’s Well Child & Family Center
S. Mark Taper Foundation Chronic Disease and Environmental Health Center
800 W. 58th Street
Los Angeles, CA 90037
(323) 541-1616

School-Based Clinics
St. John’s Well Child & Family Center
At Lincoln High School
2515 Alta Street
Los Angeles, CA 90031
(323) 441-2139

St. John’s Well Child & Family Center
At Hyde Park Elementary
6305 8th Avenue
Los Angeles, CA 90043
(323) 759-9252

St. John’s Well Child & Family Center
At Dominguez High School
15301 S. Vermont Avenue
Compton, CA 90221
(310) 639-4321 Ext. 68351

St. John’s Well Child & Family Center
At Bunche Middle School
12338 Mona Blvd.
Compton, CA 90220
(310) 605-5296

St. John’s Well Child & Family Center
At Manual Arts High School
4131 S. Vermont Avenue
Los Angeles, CA 90037
(323) 541-1616

www.wellchild.org

Senior Management Team
Jim Manuia, President and CEO
Nomsa Khalfani, Chief Operating Officer
Gary Zimble, Chief Information Officer
Elizabeth Meiders, Chief Financial Officer
Dr. Linda Tigner-Weekes, Chief Medical Officer
Dr. Mona Iskandar, Chief Dental Officer
Dr. Rishi Manchanda, Director of Social Medicine
Dr. Ellen Rothman, Associate Medical Director
Ernesto Barahona, Director of Development
Steven Fosler, Human Resource Manager
Chantal Lee, Associate Director of Development

Board of Directors

CHAIR
Marion Douglas

VICE CHAIR
Lilia Garcia

SECRETARY
Claudia de Leon

TREASURER
Frances Hanckel

MEMBERS
Bill Dawe
Patricia Escamilla
Carmen Flores
Lyric Gillies
Leonard Guzman
Temi Niman
Martha Ortiz
Maths Elise Ramos
Donald Young

Photography & Art Direction
Reyes Meléndez
our vision

St. John's Well Child & Family Center will be a leader, catalyst, and model for the best care, long-term community health improvement and sustainable, health-enhancing systems and structures in South Los Angeles.